

# CALLING ALL FAMILY MEMBERS!

A Family Support Service Plan is being developed by  
Fraser Health Mental Health & Addictions

If you are a family member, or a person supporting a loved one in their life with mental illness, we would appreciate your ideas, thoughts and feedback. **YOUR input will help design a plan to enhance the capacity of family members to participate effectively in the treatment process with their loved one.**

You can provide your input in one of three ways:

1. **Attend a focus group in Delta**

**Topic: Strengthening Family Support Services**

**When: Mon. Mar. 15<sup>th</sup>, 6:00 pm – 8:45 pm**

**Where: George Mackie Library - meeting room  
8440 – 112<sup>th</sup> St., Delta**

**\*\*Food and drinks will be provided**

\*\*\*Focus groups will also be held in other communities in Fraser Health. **You must pre-register to attend the focus group.** To register or obtain information on other focus groups, please call: Renee Poley – Langley Mental Health and Addictions Community Advisory Chairperson at: 604-882-8115, or, email: [rpoley@shaw.ca](mailto:rpoley@shaw.ca)

2. Fill out a paper and pen survey at your local Mental Health Centre (The survey will be available to pick-up between Mar. 15<sup>th</sup> and May 31<sup>st</sup>)

3. Go online and fill out an anonymous survey at:  
<https://www.surveymonkey.com/s/FSSPFamilyMembersSurvey>  
(The survey can be accessed between Mar. 15<sup>th</sup> and May 31<sup>st</sup>)