

# CALLING ALL FAMILY MEMBERS!

A Family Support Service Plan is being developed by  
Fraser Health Mental Health & Addictions

If you are a family member, or a person supporting a loved one in their life with mental illness, we would appreciate your ideas, thoughts and feedback. **YOUR input will help design a plan to enhance the capacity of family members to participate effectively in the treatment process with their loved one.**

You can provide your input in one of three ways:

1. **Attend a focus group in the Maple Ridge/Pitt Meadows area**  
**Topic: Strengthening Family Support Services**  
**When: Thurs. Mar. 4th, 6:30 – 9 pm**  
**Where: Maple Ridge Library – Fraser Room**  
**22470 Dewdney Trunk Road**  
**\*\*Food and drinks will be provided**

\*\*\*Focus groups will also be held in other communities in Fraser Health. To register for Maple Ridge, or to obtain information on other focus groups, please call: Dave Dickinson - BCSS Regional Manager at: 604-523-1072, or, [daviddic@telus.net](mailto:daviddic@telus.net)

2. Fill out a paper and pen survey at your local Mental Health Centre (This survey will be available after Feb. 1<sup>st</sup>)

3. Go online and fill out an anonymous survey at:  
<https://www.surveymonkey.com/s/FSSPFamilyMembersSurvey>  
(This survey will be available to access after Feb. 1<sup>st</sup>)