

CALLING ALL FAMILY MEMBERS!

A Family Support Service Plan is being developed by
Fraser Health Mental Health & Addictions

If you are a family member, or a person supporting a loved one in their life with mental illness, we would appreciate your ideas, thoughts and feedback. **YOUR input will help design a plan to enhance the capacity of family members to participate effectively in the treatment process with their loved one.**

You can provide your input in one of three ways:

1. **Attend a focus group in your community:**

New Westminster

Topic: Strengthening Family Support Services

When: Thurs. Feb. 4th, 6:30 – 9 pm

Where: NW Public Library - 716 – 6th Ave.

****Food and drinks will be provided**

***Focus groups will also be held in other communities in Fraser Health. To register for New Westminister, or to obtain information on other focus groups, please call: Dave Dickinson - BCSS Regional Manager at: 604-523-1072, or, daviddic@telus.net

2. Fill out a paper and pen survey at your local Mental Health Centre (This survey will be available after Feb. 1st)

3. Go online and fill out an anonymous survey at:

<https://www.surveymonkey.com/s/FSSPFamilyMembersSurvey>

(This survey will be available to access after Feb. 1st)