



British Columbia Schizophrenia Society

RECOMMENDED READING LIST

Adamec, Christine	How to Live With a Mentally Ill Person: A Handbook of Day-to-Day Strategies. John Wiley & Sons (1996)
Appelbaum, Paul S.	Almost a Revolution: Mental Health Law and the Limits of Change. Oxford University Press (1994)
Amador, Xavier	I Am Not Sick, I Don't Need Help. Vida Press Peconic, NY (2000)
Armat, Virginia C. Isaac, Rael Jean	Madness in the Streets: How Psychiatry and the Law Abandoned the Mentally Ill. The Free Press, NY (1990)
Backlar, Patricia	The Family Face of Schizophrenia. G.P. Putnam's Sons, New York (1994)
Buckley, Peter F. Waddington, J.	Schizophrenia and Mood Disorders: The New Drug Therapies in Clinical Practice. Butterworth Heinemann, Boston (2000)
Deveson, Anne	Tell Me I'm Here. Penguin Books, London (1991) <i>Out of print • Available in libraries only.</i>
Gray, John; Shone, Margaret; Liddle, Peter	Canadian Mental Health Law and Policy. Butterworths Canada Ltd. Toronto (2000)
Green, Michael Foster	Schizophrenia Revealed: From Neurons to Social Interactions. WW Norton, New York (2003)
Keefe, Richard S.E. Harvey, Philip D.	Understanding Schizophrenia: A Guide to the New Research on Causes and Treatment. The Free Press, Macmillan, Toronto (1994)
Kingdon, David G. Turkington, Douglas	Cognitive-Behavioral Therapy of Schizophrenia. Guilford Press, London, NY (1994)
Lafond, Virginia	Grieving Mental Illness: A Guide for Patients and Their Caregivers. University of Toronto Press (1994)
Marsh, Diane T. Dickens, Rex M.	How to Cope with Mental Illness in Your Family: A Self-Care Guide for Siblings, Offspring or Parents. Putnam, New York (1997)
* Mueser, K. and Gingerich, S.	Coping with Schizophrenia: A Guide for Families. New Harbinger, Oakland, CA (1992)
Noble, K. Lenz, S.	Children With Schizophrenia. Glenrose Hospital Educational Services, Edmonton, Alta. (1995)
Secunda, Victoria	When Madness Comes Home: Help & Hope for Children, Siblings and Partners. Disney Press (1998)
**Torrey, E. Fuller	Surviving Schizophrenia: A Manual for Consumers, Families, and Providers (5th ed.) HarperCollins NY (2006)

* A good guide for day-to-day problems of living – structuring activities, setting boundaries, etc.

** Dr. Torrey's book is the fundamental reference work for families dealing with schizophrenia and highly recommended.