



A REASON TO HOPE. THE MEANS TO COPE.
BRITISH COLUMBIA SCHIZOPHRENIA SOCIETY

BC SCHIZOPHRENIA SOCIETY FOUNDATION
SUPPORTING THE BC SCHIZOPHRENIA SOCIETY

helping families find hope

ANNUAL REPORT 2018-2019



DAVID HALIKOWSKI
PRESIDENT, BCSS

A Message from the BCSS Board President, the BCSS Foundation Chair and the Director of Operations

As we contemplate this past year, we recognize that as an organization, we are grateful for many things. Despite the challenges British Columbia Schizophrenia Society (BCSS) and its Foundation have experienced, we are now even closer to *improving the quality of life for families affected by schizophrenia and psychosis through education, support, public policy and research.*

BCSS is grateful that it has been able to maintain its core programs and services that offer support and education to families across the province. Through additional community partnerships and funding, BCSS was able to facilitate Strengthening Families Together—First Nations programs in communities affected by the 2017 wildfires.

BCSS introduced a new workshop format for our Teens in Control program this past year. After successfully completing the pilot, training and curriculum manuals for Teens in Control Workshops were developed and the team is now ready to train new facilitators and expand these workshops to other communities.

BCSS continued to advocate for families. Families have told us through story after story that the BC Mental Health Act has been crucial in saving the lives of their loved ones. This is one key reason why BCSS has and will continue to strongly voice our opinion supporting the BC Mental Health Act in the face of court challenges.

Through our commitment to funding research that seeks a cure for schizophrenia, BCSSF partnered with the Michael Smith Foundation for Health Research (MSFHR) to identify, vet and fund research conducted right here in British Columbia. BCSSF funds are matched by MSFHR to effectively double the impact of our donors' gifts.

What we are most grateful for is the generous support from donors, corporate sponsors, government contracts and our great volunteers in helping us make a positive impact on the lives of those affected by schizophrenia, psychosis and other serious mental illness.

As we move forward and look ahead, we are delighted to announce that Faydra Aldridge will be joining the team as Chief Executive Officer. We are excited to see where the future will take us.



GERHART PAHL
CHAIR, BCSS FOUNDATION



ANDREW STEWART
DIRECTOR OF OPERATIONS, BCSS



BCSS Programs & Services

BCSS was founded by families for families. Today, programs and services supporting families affected by schizophrenia and other serious mental illnesses remain at the heart of the organization.

"I was extremely pleased with the group and your support. I am feeling quite hopeful which I haven't felt in a long, long time. Thanks so very much for all that you do for parents and this community. It is greatly appreciated."

UNIVERSITY HOSPITAL OF NORTHERN BC FAMILY MEMBER

"I have searched for a support group in Kelowna that helps the family member of a loved one living with a mental illness. BCSS IS the ONLY ONE who offers this support."

KELOWNA FAMILY MEMBER

"Our families need to have more access to you. The services you provide and the compassion, understanding and caring that you have for everyone you are seeing, supporting and educating is so valuable and well received. Traditional approaches are no longer working for our loved ones or for our families. Your [BCSS] services are what we need more of. How can we make that possible?"

QUESNEL FAMILY MEMBER & SERVICE PROVIDER

68,600

Through phone calls, emails and family meetings, BC Schizophrenia Society Regional Educators **connected more than 68,600 times with families and individuals looking for help and assistance** as they navigated the mental health system.

334

In 2018/19, BC Schizophrenia Society Regional Educators hosted **334 family support groups**, connecting individuals and making it possible for people to provide each other with emotional support.

735

Roughly 735 people attended Strengthening Families Together Program Sessions across B.C. helping them better understand serious mental illness and gain information, as they continue along their journey of supporting their loved ones.

23,500

On average, BC Schizophrenia Society spends **more than 23,500 hours every year directly supporting** families affected by schizophrenia and other serious mental illness through its programs and services.



Programs for Youth

BC Schizophrenia Society offers programs and services for children and youth that encourage early intervention for serious mental illness and build resilience in those who have family members with mental illness.

Kids and Teens in Control are support and education programs for children and youth who have a family member with mental illness.

This past year BCSS' **Kids and Teens in Control** grew to offer programs in the Tri-Cities, Maple Ridge, Burnaby, the Sunshine Coast, Fort St. John, Abbotsford and Chilliwack. They provided 66 children and youth with valuable education and support. Education presentations were also delivered to 189 elementary school students in Delta. Thanks to funding from the CKNW Kids' Fund, BCSS was able to purchase new program supplies like books, arts and craft materials and items for self-care toolkits.

A pilot of the **Teens in Control** Workshops, a new condensed version of Teens in Control designed to reach more youth, also took place in the Lower Mainland. Six workshops were delivered in Vancouver, Burnaby and Langley, reaching 128 youth. Based on the pilot, training and curriculum manuals for these workshops were developed to train new facilitators and expand these workshops to other communities.

Learn more at www.bcss.org/kidsincontrol

ReachOut Psychosis Tour performs in schools across the province, from Haida Gwaii and Fort St. John to Vancouver Island and the Kootenays.

In 2018/19, this program visited more schools in rural communities than ever before, and some for the very first time.

To book ReachOut Psychosis Tour for your school, visit www.reachoutpsychosis.com

 **54 Shows**
13,975 Attendees

ReachOut Psychosis Tour shows help school staff identify youth struggling with psychosis and needing help. On average, **for every 300 students who attend a show, at least one** is identified as requiring help.

BCSS in the Community



May 24: Schizophrenia & Psychosis Awareness Day

In May 2018, BCSS held the first **Re-Frame: The Broad Impacts of Schizophrenia**, which worked with family members, health care professionals, and people with serious mental illness to re-frame the discussion around family support, housing, and medication. Afterwards, the celebrations continued at **Re-Mind: An Evening of Art, Music and Readings**, which featured book readings, visual art, and musical performances. Through this event, participants were able to gain a better understanding of what people with schizophrenia are able to achieve.



BCSS hits the streets with Immersion Creative

Immersion Creative donated its time and services to develop three different bus shelter ads for BCSS that appeared across the Lower Mainland last fall.

 **600**

BC Schizophrenia Staff made more than **600 presentations** through the Partnership Education Program, Puppet Education Program and others to nearly **45,500 people across the province**.

 **700**

Approximately 700 volunteers from across B.C. supported BC Schizophrenia Society in the delivery of programs and services, hosting events and providing educational presentations and information.

Donors

The generosity of the following donors has made it possible for BCSS to provide thousands of families across the province with “a reason to hope and the means to cope.” Together, we are successfully supporting some of the most vulnerable people in British Columbia, advocating for better services, researching improved treatments and educating the public about this devastating illness. For this we applaud, admire and appreciate all our donors!

Our many thanks to all donors who have requested anonymity. Every effort has been made to ensure that each donor is properly recognized for donations in the fiscal year April 1, 2018 to March 31, 2019. We sincerely apologize and regret any errors or oversights. Please notify us if your information is incorrect. We will make any corrections immediately.

CHAMPION (\$50,000+)

Otsuka-Lundbeck Alliance

PRESIDENT’S CIRCLE (\$10,000 – \$49,999)

Community Action Initiative
Estate of Marjorie Marling Greene
Diana Hsu Memorial Endowment Fund
Janssen Canada
Chris Sandy

PATRONS (\$5,000 – \$9,999)

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Barry Adams & Heather Coulthart
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Maureen Redman
Anne Redmond
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Ruth Wittenberg
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Pamela Wong
Lois Woolf
David & Lin Wryghte
Geraldine & John York
Cindy Young
Olive M. Young
Ping & Mirana Yu
Susan Zanette

Monthly donors

Monthly donors share a deep commitment in giving families “a reason to hope... the means to cope.” By giving a convenient, affordable and ongoing contribution, their donations ensure that consistent resources are available to support programs, services and research that transform and save lives. Consider becoming a monthly donor today! Sometimes the difference you make is life itself.

To become a monthly donor, please phone Donor Services at 604-270-7841 or email donorservices@bcss.org.

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Sally Hull
Iris Hunter
Arthur Jones & Narie Kinao
The Late Brian Jones & Penny Jones
Pat and Graham Jones
Bejay Kenney
Joseph Kim
Ronald & Gloria Kinley
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Matthew Langlois
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Faye Smith
Carlo Stella
Rebecca Toolan & Maxwell S. Sucharov
Felix Thijssen
Nicholas C. Thornton
Katie Wesenberg
Elizabeth Williamson
The Late Stanley & Gwendolyn Wilson
Paul & Filomena Wiltse
David & Lin Wryghte
Liam B. Young

“It is more rewarding to watch money change the world than to watch it accumulate.”

GLORIA STEINEM

In loving memory

Friends and families honoured the lives of the following people with gifts.

Joyce Acheson
Robert Bradley Adams
Ross Allan
Greg Allen
Brisbin Edward James Baker
Caroline Cook
Barnaby Dolman
Victoria Irene Friberg
Bruce Frankish
Ann Goard
Nicholas George Grundy
Louise Harris
Yuri Helmer
Patricia Henman
Robert Laird
Poon Keung Peter Lau
Dean Ledoux
Jimmy C. Li
Elisabeth Lokhorst
Karen Michele Loveman
Spencer Mills
Jason Erling Olsen
Thomas Palmer
Justin Kenneth Porritt
Allan Richards
David Charles Sandy
Kent Schalm
Lucia Maria Stella
Ian Tait

In honour

Donations may be made to congratulate friends and loved ones on special occasions or to thank them by making a gift in their honour. The people listed below have been honoured by gifts made in their name.

Bill Bellvau
Elsie Bellvau
Victor Bolecz
Sean Flynn
Ian Gillespie
Alec Logan
Richard Matson
Susan Matson
Trevor Mills
David Payton
David Racanelli
Patti Zane
Renato Zane

In-kind

We graciously acknowledge our partners and supporters who have assisted us with the delivery of our programs by providing in-kind resources and services.

APL - Conviction Wines
Banyen Books & Sound
Blenz Coffee
Canucks Sports & Entertainment
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Four Winds Brewing Company
Immersion Creative
John Fluevog Shoes
Musette Caff  
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Red Truck Beer Company
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White Spot Limited
Zinc Inc.

Major Project Partners & Funders



We also acknowledge the financial support of the Province of British Columbia.

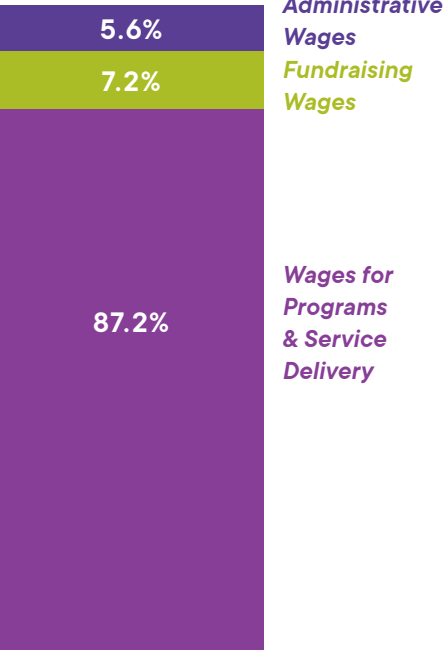
BCSS

Financial Snapshot

Statement of Operations for the year ending March 31, 2019.

Approximately 82% of all 2018/2019 expenditures went towards direct program and services.

**More than 87% of this expense went towards delivering much needed and lifesaving BCSS programs and services to families across B.C. affected by schizophrenia and serious mental illness.*



REVENUE	2019	2018
Program funding	\$1,812,862	\$1,955,458
Donations	\$109,364	\$139,773
Sponsorships	\$96,500	\$71,869
Investment income	\$33,040	\$30,273
BCSS Foundation	\$20,000	\$20,004
Other	\$662	\$9,543
Total	\$2,072,428	\$2,226,920

EXPENSES	2019	2018
Wages, contractors and benefits*	\$1,613,641	\$1,648,701
Travel, conferences and meetings	\$199,970	\$304,972
Office and other	\$72,630	\$94,214
Rent and utilities	\$63,885	\$65,728
Telecommunications	\$56,471	\$61,414
Fundraising and promotion	\$54,922	\$81,817
Respite	\$27,599	\$44,524
Professional Fees	\$18,371	\$28,069
Scholarships	\$13,719	\$8,000
Amortization of capital assets	\$7,115	\$9,570
	\$2,128,323	\$2,347,009
Excess of revenue (expenses for the year)	(\$55,895)	(\$120,089)



Looking Towards the Future...

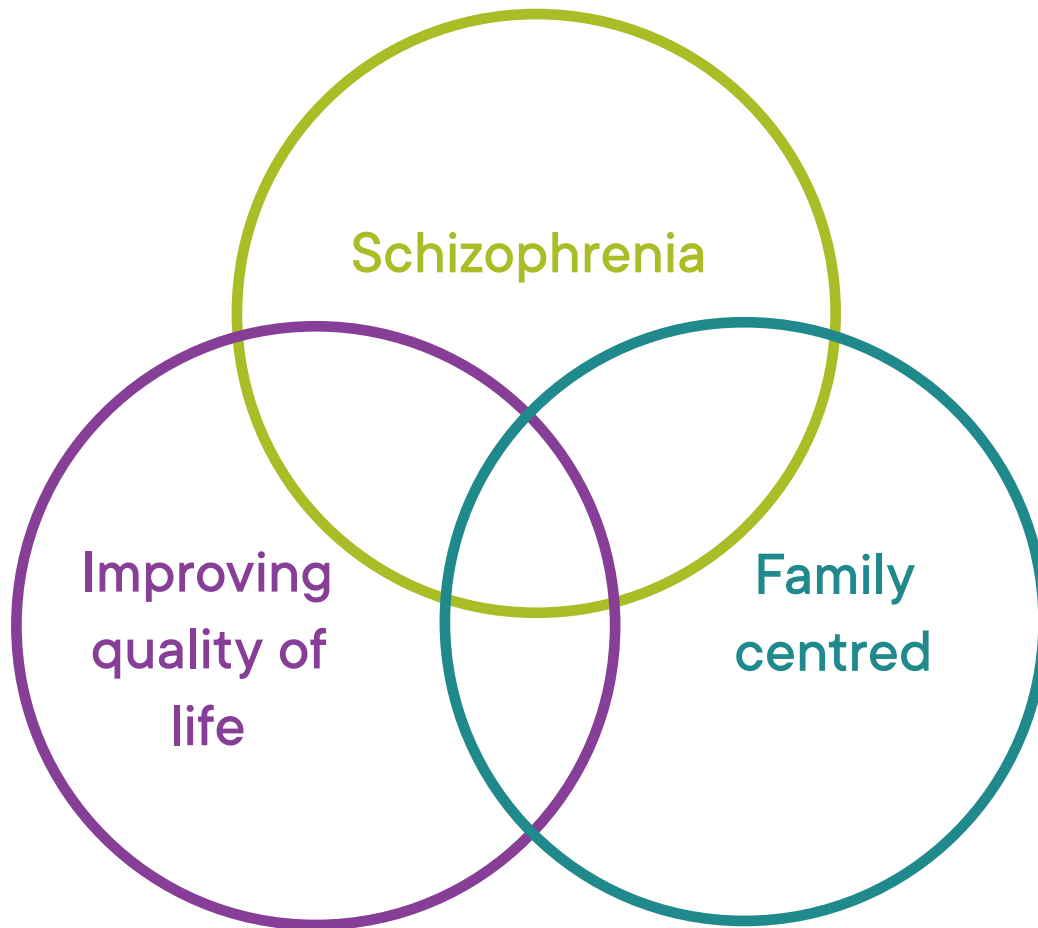
As we reflect on the previous year and the stories in this Annual Report, the importance of making a difference and supporting those affected by schizophrenia and other serious mental illness is the defining theme. Through the exceptional dedication of staff, board members, and volunteers, we were able to deliver essential programs and services in a variety of communities across the province.

In the upcoming year, we will continue to find ways to strengthen our organization and improve our service delivery, as well as measure the results of our efforts. We welcome new ideas and feedback, and truly look forward to creating new opportunities for partnerships, growth and development. Experiencing continued growth in program delivery and community partnerships is only possible with a group of dedicated people. During my short time working with BCSS, I have been extremely impressed and inspired by our staff, board members, and donors who continue striving to meet the needs of those we serve. I commend those who have the desire to take action and get involved in improving the lives of families and those affected by schizophrenia and psychosis. With your ongoing support, we will be able to enhance the services we provide, while continuing our development into a strong and efficient province-wide non-profit organization.

Thank you,

FAYDRA ALDRIDGE
CHIEF EXECUTIVE OFFICER, BCSS

“Excellent treatment and services for people affected by schizophrenia and psychosis.”



BC SCHIZOPHRENIA SOCIETY

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