



BC Schizophrenia Society Strengthening Families Together ONLINE EDUCATION COURSE

Are you a family member, caregiver or a friend caring for a loved one living with a mental illness? You are not alone!

BCSS is offering online education courses that consist of two modules, one providing information about mental illness and the second will share valuable strategies of how to support your loved one living with a mental illness. Each module will be taught through four 90 min sessions.

The course will be offered in the New Year 2022.

Tuesday at 7:00 - 8:30 pm Via Zoom

Understanding Mental Illness

Module 1: Jan 25, and Feb 1, 8, 15

Impact of Mental Illness on the Family

Module 2: Feb 22 and March 1, 8, 15

The course is free.

Please email or phone to register with
Noleen 778-836-1886 or vanrich@bcss.org

